

Schizophrenia in Adults Manual List

For professionals – psychoeducational family therapy manuals for schizophrenia:

- Bloch Thorsen, G., Gronnestad, T. & Oxnevad, A. (2006). *Family and Multi-Family Work with Psychosis*. London: Routledge.
- Falloon, I., Laporta, M., Fadden, G. & Graham-Hole, V. (1993). *Managing Stress in Families*. London: Routledge.
- Kuipers, E., Leff, J. & Lam, D. (2002). *Family Work for Schizophrenia* (Second Edition), London: Gaskell.
- McFarlane, W. (2004). *Multifamily Groups in the Treatment of Severe Psychiatric Disorders*. New York: Guilford Press.
- Smith, G., Gregory, K. & Higgs, A. (2007). *An Integrated Approach to Family Work for Psychosis: A Manual for Family Workers*. London: Jessica Kingsley Publishers.
- Tarrier, N. & Barrowclough, C. (1997). *Families of Schizophrenic Patients: Cognitive Behavioural Intervention*. London: Nelson Thornes.

For professionals – cognitive behavior therapy manuals for schizophrenia:

- Brichwood, M. & Tarrier, N. (1994). *Psychological Management of Schizophrenia*. Chichester: John Wiley.
- Chadwick, P., Brichwood, M. & Trower, P. (1996). *Cognitive Therapy for Delusions, Voices and Paranoia*. Chichester: John Wiley.
- Fowler, D., Garety, P. & Kuipers, L. (1995). *Cognitive Behavioral Therapy for Psychosis: Theory and Practice*. Chichester: John Wiley.
- Gumley, A. & Schwannauer, M. (2006). *Staying Well After Psychosis: A Cognitive Interpersonal Approach to Recovery and Relapse Prevention*. Chichester: John Wiley.
- Haddock, G. & Slade, P. (1996). *Cognitive-Behavioural Interventions with Psychotic Disorders*. London: Routledge.
- Hogarty, G. (2002). *Personal Therapy for Schizophrenia and Related Disorders*. New York: Guilford Press.
- Kingdom, D. & Turkington, D. (2005). *Cognitive Therapy of Schizophrenia*. New York: Guilford Press.
- Morrison, A. (2003). *Cognitive Therapy for Psychosis: A Formulation-Based Approach*. London: Routledge.

For professionals – social skills training manuals for schizophrenia:

- Bellack, A., Mueser, K., Gingerich, S. & Agresta, J. (2004). *Social Skills Training for Schizophrenia: A Step-By-Step Guide* (Second Edition). New York: Guilford Press.
- Liberman, R., DeRisi, W. & Mueser, K. (1989). *Social Skills Training for Psychiatric Patients*. New York: Pergamon.

For professionals – cognitive remediation guides for schizophrenia:

Brenner, H., Roder, V., Hodel, B., Kienzle, N., Reed, D. & Liberman, R. (1994). *Integrated Psychological Therapy for Schizophrenic Patients*. Toronto: Hogrefe & Huber.

Wykes, T. & Reeder, C. (2005). *Cognitive Remediation Therapy for Schizophrenia: Theory and Practice*. London: Routledge.

For professionals – assertive community treatment manuals:

Allness, D. & Knoedler, W. (1998). *The PACT Model of Community-Based Treatment for Persons with Severe and Persistent Mental Illness: A Manual for PACT Start-up*. Arlington, VA: National Alliance for the Mentally Ill.

Burns, T. & Fim, M. (2002). *Assertive Outreach in Mental Health: A Manual for Practitioners*. Oxford: Oxford University Press.

For clients – self-help for schizophrenia:

Bernheim, K., Lewine, R. & Beal, C. (1982). *The Caring Family: Living with Mental Illness*. New York: Random House.

Freeman, D. (2006). *Overcoming Paranoid and Suspicious Thoughts*. London: Robinson.

Healy, C. (2007). *Understanding Your Schizophrenia Illness: A Workbook*. Chichester: John Wiley.

Keefe, R. & Harvey, P. (1994). *Understanding Schizophrenia: A Guide to the New Research on Causes and Treatment*. New York: Free Press.

Kuipers, E. & Bebbington, P. E. (2005). *Living with Mental Illness (Third Edition)*. London: Souvenir Press.

Marsh, D. & Dickens, R. (1998). *How to Cope with Mental Illness in Your Family: A Self-Care Guide for Siblings, Offspring and Parents*. New York: Tarcher/Putnam.

Mueser, K. & Gingerich, S. (2006). *The Complete Family Guide to Schizophrenia*. New York: Guilford Press.

Sheehan, S. (1982). *Is There No Place On Earth For Me?* Boston, MA: Houghton Mifflin.

Torrey, E. F. (1995). *Surviving Schizophrenia: A Manual for Families, Consumers and Providers*. New York: Harper Perrenial.

Vine, P. (1982). *Families in Pain*. New York: Pantheon.

Wasow, M. (1982). *Coping with Schizophrenia*. Palo Alto, CA: Science and Behaviour Books.